



## **NORTHERN SUPERIOR RESOURCES INC.**

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### **NEWS RELEASE - For Immediate Release**

#### **EXPLORATION PROGRAM INITIATED ON NORTHERN SUPERIOR'S LAC SURPRISE GOLD PROPERTY, QUÉBEC.**

Sudbury, Ontario August 20, 2014 – Northern Superior Resources Inc. (SUP:TSX.V) (the “Company” or “Northern Superior”) is pleased to report the initiation of the 2014 summer/fall exploration program on its 100% owned Lac Surprise gold property, west-central Québec. The exploration program is being funded by Northern Superior’s option partner, Bold ventures Inc. (BOL: TSX.V) (“Bold”) as part of its option earn- in work commitment (see press release, June 5, 2014). This exploration program will consist of a prospecting, sampling and mapping program. Data derived from this program will further refine target areas previously defined and identified on the property by Northern Superior and Bold. Targets will then be prioritized for diamond drill testing later this year. The technical team participating in this program will include both Northern Superior and Bold personnel.

In addition to the exploration program, an additional 46 claims or approximately 2,566 hectares was applied for on July 22, 2014 and one additional claim was applied for, August 2, 2014. Upon acceptance of these claims, the Lac Surprise property will consist of 380 claims or approximately 21,200 hectares.

Dr. T. F. Morris, President and CEO states: “Northern Superior is pleased to announce the continuation of exploration on this highly prospective property. The value of this Property has only been enhanced by recent exploration and discovery by others with properties attached to Lac Surprise. The Company looks forward to sharing the results of this summer/fall exploration program with its shareholders as those results become available.”

#### **About Northern Superior**

The Lac Surprise property is one of four mineral properties that Northern Superior is actively exploring. The other three properties (Croteau Est, Grizzly and Ti-pa-kaa-haa-ning (“TPK”)) also represent regional-scale exploration programs, either 100% owned and operated by Northern Superior, or Northern Superior having the right to earn a 100% interest in the properties. Exploration to date has identified numerous drill-ready targets for gold, copper and silver mineralization on the TPK property in northwestern Ontario, gold/volcanic copper-zinc-silver and magmatic nickel-copper-platinum-palladium mineralization are targeted on the Grizzly property, and shear-hosted gold on the Company’s Croteau Est property, both located in west-central Québec.

The Qualified Person (“QP”) for Northern Superior responsible for reviewing the scientific and technical information for this program is Mr. Scott Parsons (P.Geo), who has verified the data disclosed in this press release.

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Québec, and trades on the TSX Venture Exchange under the symbol SUP. For further information contact:

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## **For Investors**

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