



NORTHERN SUPERIOR RESOURCES INC.

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NEWS RELEASE - For Immediate Release

Northern Superior Resources Inc.: Ti-paa-haa-ka-ing, New Growth, New Growth Annex; A Renewed Opportunity.

Sudbury, Ontario (January 9, 2013) Northern Superior Resources Inc. ("Northern Superior" or the "Company") wishes to provide a further update to the press release dated December 20, 2012 regarding the status of its 100% owned Ti-paa-haa-ka-ing (TPK)(Figure 1) gold property in Northwestern Ontario.

Exploration advances on the TPK project in 2012 were many and positive. Targeting on this gold project has been refined and new opportunities discovered. Six (6) of the eight (8) diamond drill targets defined by the reverse circulation program completed in 2010 have yet to be tested further (see press release, December 8th, 2011) including the two (2) primary targets. Drilling by Northern Superior's former option partner was focused on two targets (25.9 g/t Au over 13.5 meters, see press release, December 13, 2010), as well as the far western portion of Target area 2.

The potential for significant gold mineralization has been enhanced by the exploration efforts of Northern Superior on its adjoining New Growth property (Figure 1). The six (6) km long gold-bearing shear zone and associated gold grain-in-till dispersal apron as defined on TPK (see press release, December 6, 2011) that typically indicates a large scale gold system rather than a single anomaly (see press release, June 21, 2010), was extended to 24 kilometers onto the New Growth property. At least five (5) new diamond drill ready gold targets were identified on the New Growth property (see press release, December 6, 2011).

In addition, a robust gold grain-in-till corridor (3.5km wide) was defined on the New Growth Annex property (Figure 1) (see press release, October 25, 2011). Mineralized boulders recovered from within this corridor assayed up to 727 g/t gold, 53.7 g/t silver and 1.92% copper (see press release, December 7, 2011).

A geophysical survey and limited diamond drilling completed by Northern Superior at the head of this corridor on the New Growth Annex property lead to the discovery of a new mineralized structure with a minimum length of 1km. The Company reported an assay of 4.62 g/t gold over 5.5m (including 20.8 g/t gold over 1.0m)(see press release, December June 25, 2012).

Northern Superior continues to have, and continues to foster, a strong and positive relationship with Neskantaga First Nation. Neskantaga and Northern Superior remain committed to working together to advance exploration on Neskantaga's traditional lands upon which the TPK, New Growth and New Growth Annex properties occur (see press release, July 6, 2012).

Dr. T.F. Morris President and CEO commented: "Exploration completed thus far on all three properties has clearly demonstrated the opportunity that exists for the potential discovery of camp-scale gold, silver and copper mineralization. To assist in efficiently facilitating future exploration programs, an

exploration camp has been established on site complete with enough fuel to support another phase of drilling. As Northern Superior is currently focused on its Croteau Est gold discovery in Quebec, all exploration data on the three northwestern Ontario properties are being compiled into a single data base in order to pursue a joint venture partner to finance future exploration programs.”

About Northern Superior Resources Inc.

Northern Superior is junior exploration company exploring for gold in the Superior Province of the Canadian Shield. The Company has over \$8 million cash in the bank and is currently focused on exploring its Croteau Est/ Waconichi gold properties in Quebec. The Company has a number of 100% owned properties in the Stull-Wunnumin and Chibougamau gold districts (see Company web site, www.nsuperior.com).

Northern Superior is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP. For further information contact:

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For Investors

Forward looking statements: This news release includes certain “forward-looking information” within the meaning of Canadian securities legislation and “forward-looking statements” within the meaning of the United States Private Securities Litigation Reform Act of 1995 (collectively, “forward looking statements”). Forward looking statements include predictions, projections and forecasts and are often, but not always, identified by the use of words such as “seek”, “anticipate”, “believe”, “plan”, “estimate”, “forecast”, “expect”, “potential”, “project”, “target”, “schedule”, “budget” and “intend” and statements that an event or result “may”, “will”, “should”, “could” or “might” occur or be achieved or other similar expressions and includes the negatives thereof. All statements other than statements of historical fact included in this release, including, without limitation, statements regarding potential mineralization, exploration results, interpretation of results, the timing and success of exploration activities generally, the timing and results of future resource estimates, and future plans and objectives of Northern Superior are forward-looking statements that involve various risks and uncertainties. There can be no assurance that such statements will prove to be accurate and actual results and future events could differ materially from those anticipated in such statements. Forward looking statements are based on a number of material factors and assumptions. Important factors that could cause actual results to differ materially from Northern Superior’s expectations include exploration risks, changes in project parameters as plans continue to be refined, results of future resources estimates, future metal prices, availability of capital and financing on acceptable terms, general economic, market or business conditions, uninsured risks, regulatory changes, defects in title, availability of personnel, materials and equipment on a timely basis, accidents or equipment breakdowns, delays in receiving government approvals, unanticipated environmental impacts on operations and costs to remedy same, and other exploration or other risks detailed herein and from time to time in the filings made by the Company with securities regulators. Although the Company has attempted to identify important factors that could cause actual actions, events or results to differ from those described in forward looking statements, there may be other factors that cause such actions, events or results to differ materially from those

anticipated. There can be no assurance that forward looking statements will prove to be accurate and accordingly readers are cautioned not to place undue reliance on forward looking statements.

Neither the TSX Venture Exchange nor its Regulation Services Provider (as that term is defined in the policies of the TSX Venture Exchange) accepts responsibility for the adequacy or accuracy of this release.

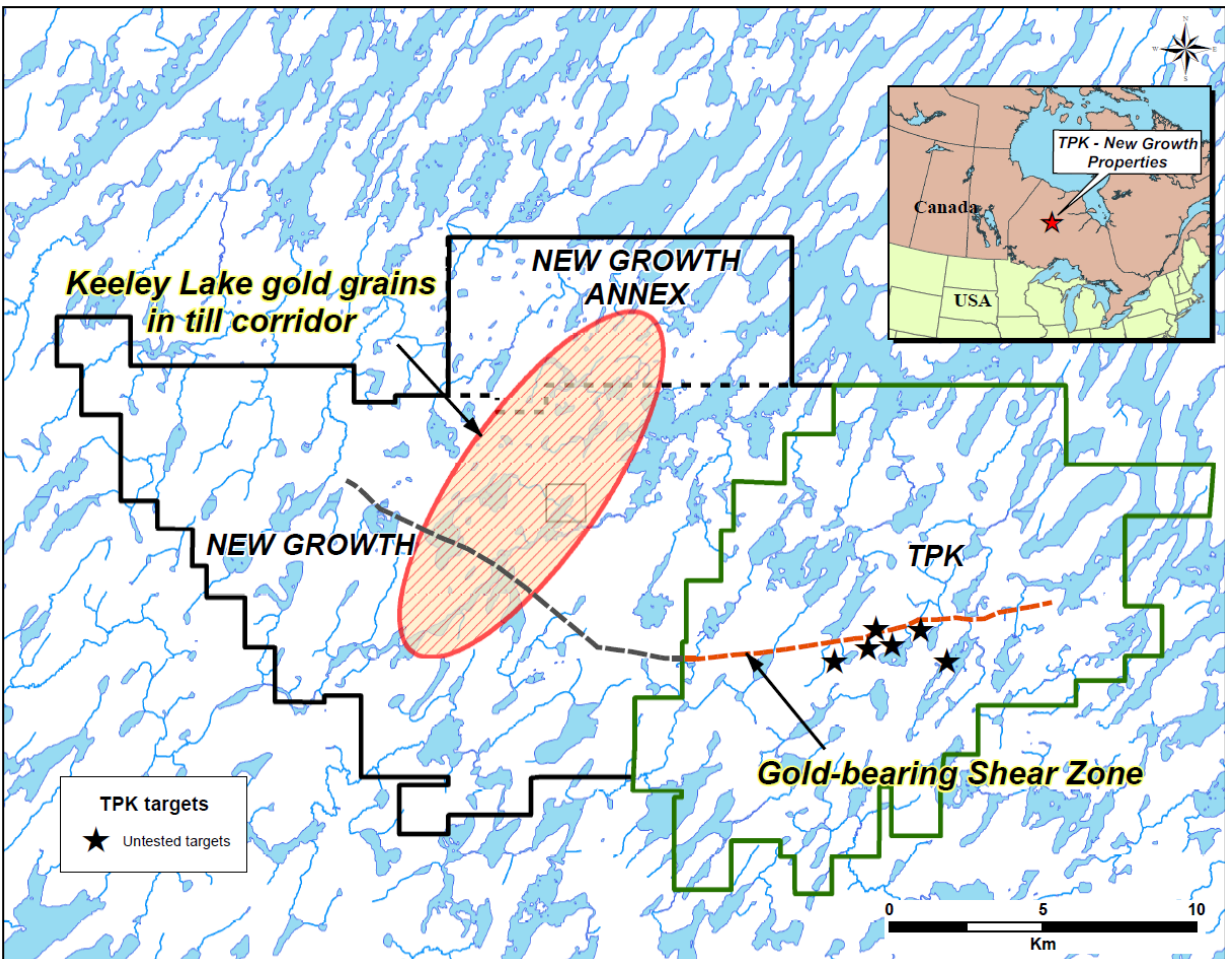


Figure 1. Distribution of the TPK, New Growth and New Growth Annex gold properties.