



Immediate Release

Northern Superior Resources Inc. and Matamec Exploration Inc. Sign Wachigabau Option and Joint Venture Agreement, Québec.

Toronto, Ontario (January 22nd, 2009): **Northern Superior Resources Inc.** (“Northern Superior” or the “Company”) today announced the signing of an option and joint venture agreement (the “Agreement”) with Matamec Exploration Inc. (“Matamec”). The Agreement provides Northern Superior with the opportunity to explore for all commodities on the L’Espérance property in the Desmaraisville area of west-central Québec, with a particular focus on gold and base metals. The L’Espérance property and other claims that are part of this new Agreement, collectively contain 359 claims covering an area of 14,578 hectares, and will be explored under a new name, the Wachigabau project. The Wachigabau project claim blocks are strategically located between the Lac Shortt gold mine to the northeast and the Coniagas zinc, lead, silver mine and Bachelor Lake gold mine and mill complex to the southwest. These mines are all associated with the Lake Opawica-Gwillim Fault system. Mineralization known to occur on the Property includes: 1) lode gold associated with quartz veining with values in drill hole intersections up to 5.39g/t Au over 2.4m, 10.3 g/t Au over 0.3m and 10.1 g/t Au over 1.0m; 2) Cu-Au remobilized along continuous fracture systems up to 2.62% Cu, 14g/t Ag and 3.14 g/t Au over a 3.25m drill hole intersection; and 3) the potential for volcanogenic Cu-Zn massive sulphide mineralization.

Dr. Thomas F. Morris, President and CEO of Northern Superior, commented: “The signing of this agreement represents an excellent opportunity to explore for gold and other commodities within an established gold exploration and mining and milling camp. The Wachigabau project property is underlain by structures and geology associated with gold mineralization in the Bachelor Lake gold mine located 10 kilometers to the west and also overlies geology and structures associated with the Lac Shortt gold deposit 4.5 kilometers to the northeast.”

Dr. Morris further states: “By entering into this agreement, Northern Superior retains its investment on the L’Espérance Property and expands the Company’s opportunity for success in other commodities.”

Under the terms of the Agreement, Northern Superior can earn 50% of all mineral rights on the Wachigabau project property by paying to Matamec \$25,000 cash and issuing 100,000 shares and 100,000 share purchase warrants. The Company has also committed to spending \$500,000 (the timing of which is at the discretion of Northern Superior) over three years, of which \$75,000 had already been spent as of the fall of 2008 on a ground magnetic survey. Once Northern Superior has met the requirements to earn its 50% interest, the Company and Matamec will form a 50-50 Joint Venture for all commodities on the property. IAMGOLD retains certain back-in rights on some of the claims. Northern Superior is the operator of the Project and is currently developing an exploration plan and budget. The Agreement is subject to regulatory approvals.

Donald Boucher (P.Geo.) is Northern Superior Resources Qualified Person for this project. As QP, he has prepared or supervised the preparation of the scientific or technical information for the property and has verified the data disclosed in this press release.

About Northern Superior

Northern Superior Resources Inc. is a junior exploration company whose focus is exploring for gold and diamonds on the Superior Province of the Canadian Shield. Northern Superior is also advancing gold and base metal properties as a by-product from its diamond exploration programs. The Company is a reporting issuer in British Columbia, Alberta, Ontario and Quebec, and trades on the TSX Venture Exchange under the symbol SUP.

ON BEHALF OF THE BOARD

Thomas F. Morris, PhD., FGAC, P.Geo.
President & CEO

The TSX Venture Exchange does not accept responsibility for the adequacy or accuracy of this release.

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